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## TMC Cohort Programs 2025-2026

Facilitated by A & S staff, TMC Cohort students meet once per month to discuss shared points of experience and topics of interest. Connect to resources and build a community of support for your learning journey!

**A & S Research Explorers** – We invite undergraduate students with an interest in research and/or graduate studies to create a network of support and develop their research skills. Students meet on a regular basis to participate in workshops, connect with campus resources, share stories, and build a competitive research portfolio that can be used for applications to graduate school, scholarships, and future employment opportunities!

Learn more and request to register by emailing [tmc.info@usask.ca](mailto:tmc.info@usask.ca) with “Research Explorers” in the subject line; capacity 30 students per academic year

**A & S Leaders Today** – This programming is designed to deepen mentorship skills, foster community, and cultivate leadership among current student leaders, including peer mentors engaged with FLEX, USTEP and ISAP Learning Communities. Through workshops, discussion, and reflective practice, participants strengthen their ability to support peers and navigate the campus environments. The cohort empowers mentors to grow as confident, empathetic leaders both within and beyond their campus communities.

Registration is by peer mentor coordinator and/or academic advisor recommendation. Email [tmc.info@usask.ca](mailto:tmc.info@usask.ca) or [evan.potts@usask.ca](mailto:evan.potts@usask.ca) to learn more

**A & S Student Parents** – Are you a student parent who would appreciate opportunities to connect and share tips and strategies with other student parents? This is the group for you. We’ll meet once a month, with remote participation options, to discuss shared topics of interest throughout the academic year. Once per term, you and your children will be invited to participate in an A & S Families event hosted by campus youth programmers (e.g. Museum of Natural Sciences, Diefenbaker Canada Centre, Huskies Athletics, other).

Learn more and request to participate by emailing [tmc.info@usask.ca](mailto:tmc.info@usask.ca) with “A & S Student Parents” in the subject line; capacity 30 parents per term